



VARNUM PUBLIC SCHOOLS SEPTEMBER 2017



Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
NO SCHOOL Labor Day	Breakfast – Cereal, Wheat Toast, Sausage Links, Fruit, Milk, Juice Lunch - Meatballs w/Gravy, Mashed Potatoes, Whole Grain Roll, Green Beans, Apple Crisp, Trail Mix, Milk	Breakfast – Biscuits w/Gravy, Sausage Links, Fruit, Milk, Juice Lunch – Nachos w/ Meat, Corn, Refried Beans, Fried Rice, Salsa, Rosy Applesauce, Raisins, Milk	Breakfast – Pancakes w/Syrup, Bacon, Fruit, Milk, Juice Lunch - Hamburger Goulash, Romaine Salad, Broccoli w/ Cheese, Mini Carrots, Whole Grain Roll, Pineapple Tidbits, Mix Fruit, Milk	Breakfast –Long John, Yogurt, Fruit, Milk, Juice Lunch – Hamburgers, Lettuce & Pickles, Tater Tots, Mini Carrots, Apple or Orange, Cookie, Milk
Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
Breakfast – Cereal, Cinnamon Toast, Sausage Links, Fruit, Milk, Juice Lunch - Chicken Pot Pie, Cheese Stick, Tri Tater, Mini Carrots, Broccoli, Diced Peaches, Trail Mix, Milk	Breakfast –Cheese Toast, Bacon, Fruit, Milk, Juice Lunch – Ham, Mashed Potatoes, Whole Grain Roll, Green Beans, Tropical Fruit, Pears, Milk	Breakfast – Biscuits w/Gravy, Sausage Links, Fruit, Milk, Juice Lunch – Burrito, Romaine Salad, Corn, Salsa, Rosy Applesauce, Raisins, Milk	Breakfast –Pancake on a Stick, Fruit, Juice, Milk Lunch - Fish, Cole Slaw, Black-eyed Peas, Mini Carrots, Cornbread, Pineapple Tidbits, Mixed Fruit, Milk	Breakfast –Long John, Yogurt, Fruit, Milk, Juice Lunch – Hot Turkey and Cheese Sandwich, French Fries, Pickle Spears, Baked Beans, Apple or Orange, Cookie, Milk
Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
Breakfast – Cereal, Wheat Toast, Sausage Links, Fruit, Milk, Juice Lunch – Spaghetti w/Meat Sauce, Romaine Salad, Broccoli, Corn, Garlic Bread, Pineapple Tidbits, Mix Fruit, Milk	Breakfast –Scrambled Eggs, Wheat Toast, Bacon, Fruit, Milk, Juice Lunch - BBQ Wieners, Mashed Potatoes, Green Beans, Wheat Roll, Diced Peaches, Trail Mix, Milk	Breakfast – Biscuits w/Gravy, Sausage Links, Fruit, Milk, Juice Lunch – Soft Taco, Lettuce & Cheese, Chili Beans, Mini Carrots, Fried Rice, Salsa, Rosy Applesauce, Raisins, Milk	Breakfast –Long John, Yogurt, Fruit, Milk, Juice Lunch -Chicken Sandwich, French Fries, Lettuce & Pickle, Mini Carrots, Apple or Orange, Cookie, Milk	NO SCHOOL
Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29
Breakfast – Cereal, Whole Grain Toast, Sausage Links, Fruit, Milk, Juice Lunch - Pizza, Romaine Salad, Corn, Broccoli, Diced Pineapple, Trail Mix, Milk	Breakfast – Breakfast Pizza ,Fruit, Milk, Juice Lunch - Baked Chicken, Mashed Potatoes, Green Beans, Whole Grain Rolls, Mix Fruit, Diced Peaches, Milk	Breakfast – Biscuits w/Gravy, Sausage Links, Fruit, Milk, Juice Lunch –Chicken Fajita, Lettuce & Cheese, Chili Beans, Mini Carrots, Fried Rice, Salsa, Rosy Apple Sauce, Raisins, Milk	Breakfast –Pancake W/ Syrup, Bacon, Fruit, Milk, Juice Lunch -Mini Corndogs, Scalloped Potatoes, Carrot Coins, Baked Beans, Diced Pears, Tropical Fruit , Milk	Breakfast –Long John, Yogurt, Fruit, Milk, Juice Lunch – Hamburger, Lettuce & Pickles, Tater Tots, Mini Carrots, Apple or Orange, Cookie, Milk

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